



Trillium Awakening™

CONSCIOUSNESS • EMBODIMENT • MUTUALITY

Newsletter - August 2020 - Issue #33

Interview with Gena Netten

Fax: What inspired you to create all the new Trillium online offerings?



G e n a : When the pandemic happened, I experienced a clear call from Being to bring forward some free virtual programs that would help our community members stay connected with each other, engage in Trillium Awakening together, and help everyone deepen our awakening process in mutuality at this time of social distancing and chaos.

Over the last several years, I have noticed many different spiritual paths and communities, not just Trillium Awakening, being drawn into the potency and richness of embodied awakening in mutuality.

The Buddhist teacher Thich Nhat Hanh said: "We have to help each other in our practice. It is not an individual matter. We have to do it together... It is possible the next Buddha will not take the form of an individual. The next Buddha may take the form of a community, a community practicing understanding and loving kindness... And the practice can be carried out as a group, as a city, as a nation."

He also said that cultivating the Buddha of Love (Maitreya) in the form of the sangha (community) "may be the most important thing we can do for the survival of the earth."

I feel this is a transformational moment we are in globally, and that the next wave of awakening can be supported through spiritual communities practicing together.



Announcements & Upcoming Events

August Sunday Spotlight Meditations

Sunday Morning Meditations with a different teacher each week [more info](#)

August 9: 9am PDT / 12pm EDT - led by Joanne Lee

August 16: 9am PDT / 12pm EDT - led by Sandra Glickman

August 23: 9 am PDT / 12pm EDT - led by Bill Miller

August 30: 9 am PDT / 12pm EDT - led by Denise Gallagher

Virtual Sitting

The Magnificent Seven
Teachers: Fax & Sharon Gilbert
8/9/2020 10am - 12pm PDT
[more info](#)

Virtual Sitting

Whole Being Listening: A Simple Practice for Connecting
Teachers: Fax & Sharon Gilbert
8/16/2020 10am - 12pm PDT

I think the key ingredients in building community are deep love (both personal and transpersonal), connection, and contribution. All of this is what inspired me to call forward the community to serve what's emerging in Being: a means of supporting our community to engage together with the intention of deepening into Conscious embodiment in and as the field of mutuality.

I feel that offering a combination of free, low-cost, and moderately-priced options for community members addresses the economics of practice. Using the virtual platform addresses locality of practice; we have community members from all over the world--many parts of the U.S. and Canada, as well as Australia and Thailand participating in our virtual programs center.

I just want to add that this mutuality movement in Being doesn't diminish the teacher role at all. In a recent survey of virtual program participants, the results show there is an increased interest in BOTH more teacher-led virtual offerings as well as peer-led offerings. There is still the need for one-on-one guidance for those who need to work with some aspect of their awakening or integration process. And of course teachers continue to provide the leadership and inspiration at the core of this work and community.

It's been amazing to experience the outstanding response to these programs by those who have participated, to feel our community coming together in a profound way to connect and support our ongoing awakening. It feels like a spiritual Renaissance has come, and I am so grateful that our organization and community is a part of it.

It's an exciting time to be alive, and a thrilling time to be in Trillium Awakening. I think we are poised to attract and receive many new people into our community as we ride the wave of Being in this transformative time.

Fax: Many thanks for following the impulse of Being to create these community-generating online offerings.

~Fax Gilbert, Editor

Helping, Fixing, or Serving?

Fixing and helping create a distance between people, but we cannot serve at a distance. We can only serve that to which we are profoundly connected.

A great [article](#) by Naomi Remen M.D. in the Buddhist magazine, *Lion's Roar*, that gives

[more info](#)

Virtual Sitting

So I'm Embodied, Now What?

Teacher: Jim Trofatter

8/23/2020 10am - 12pm PDT

[more info](#)

Virtual Sitting

The Shattering Heartbreak of an Open Heart

Teachers: Jim Trofatter

8/30/2020 10am - 12pm PDT

[more info](#)

Virtual Retreat

Fairfield's 15th Annual

Transformation Retreat

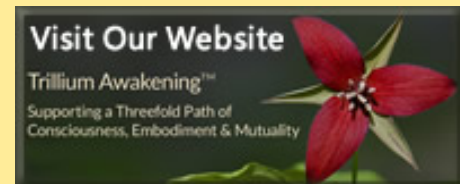
Teachers: Fax & Sharon Gilbert,

Sandra Glickman, Cielle & Jeffrey

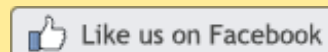
Backstrom, Denise Gallagher

10/8 - 10/12/2020

[more info](#)



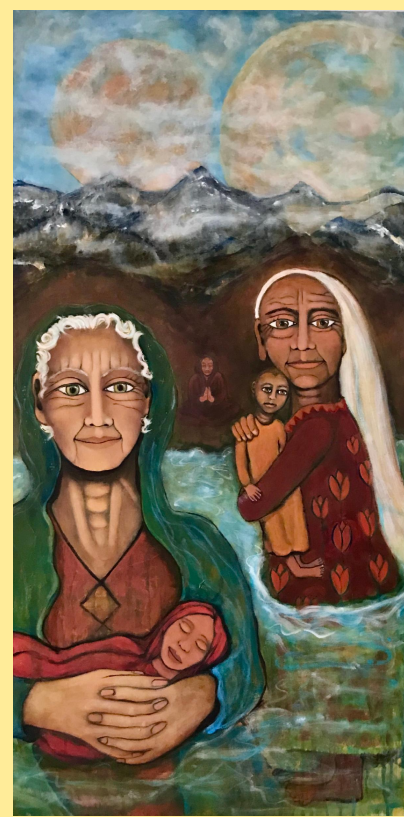
Trillium Awakening is a unique offering to the world, with 42 teachers, 17 mentors, dozens of workshops, retreats, sittings, in-person and online mutuality groups, and a shared manifesto and mission to catalyze awakening for individuals, society, and the world.



**A Painting & A Poem from
Sugandhi & Subhaga**

perspective to a fundamental teaching of our Trillium work.

On the Light Side--A Cartoon by Fax Gilbert



Grandmothers Welcome the New Ones

Talisman: Fragments

To look outside, and see
those snow-capped peaks,
shining moons above the dark
green of trees, the dry brown
hills that flank their lower reach

The sharp canine tooth--
or a cocked ear to hear
eagles hunt, hawks mate,
Red-wing's daily song of joy

To look, to see them still,
ancient grandmothers
thrust up from ocean floors,
marking time by degrees
against slow seasons
then, refreshed, immaculate,
as my own bones:

cold, knowing, known.

**Support our Outreach
Fund**

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Help us to support the *wildflowering*
of the Trillium Awakening path by
contributing to our Outreach Fund.

As a registered 501c(6)

organization, donations to the TATC are not tax deductible.

Send comments or suggestions for future issues to:

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Awakening happens here.

Join hundreds who've experienced the transformative power of our work.